



That Man is You! is a 26 week interactive men's program combining the best research from science with the teachings of the Catholic faith and the wisdom of the saints to develop the vision of a man fully alive. By honestly addressing the pressures and temptations that men face in our modern culture, That Man is You! seeks to form men who will be capable of transforming homes and society.

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**TMIY**  
THAT MAN IS YOU!

## **TMIY YEAR FOUR : THE SPIRIT OF NAZARETH**

Just in time for the Jubilee Year of Mercy announced by Pope Francis this spring, this program will help integrate the 7 Covenants of TMIY into practical implementations for issues men face in today's world and culture. In short, this year will be dedicated to "walking the talk" and providing the men the opportunity and framework to build out their very own spiritual plan of life.

In particular, this new year is designed for those wishing to take the next step and to learn how to discern the will of God in their lives. Steve breaks it down into concrete steps, doable actions, which men can adopt to make progress in their spiritual lives. "Spiritual formation" is deeper than just learning and more profound than just training. It allows the participants to understand more fully the life to which God is calling them and to kindle the desire for that life. It prepares one's heart for transformation by practicing new skills in the spiritual life and understanding deeply the reasons that those practices were established in our faith.

*No need to have participated in previous year's TMIY sessions to attend!*

**Join us at 6:00 am Saturday mornings in Fellowship Hall, starting September 10**